

the **DRIFT** freedom

Day 1 – Meditate on Galatians 5:1

In the Old Testament there are rules. There was one rule in the garden, then there were ten rules written on a stone tablet. Then the Jewish Pharisees made hundreds of rules. The Jewish people became enslaved to the rules.

Explain how legalism has enslaved you. Is it possible that you may have enslaved others with rules as well? Think about the purpose behind the rules. Is the purpose a result of wanting control? Or is the purpose a result of setting guidelines to enrich our lives and keep us out of trouble? Reflect on your own motives as well as the motives of others.

Day 2 – Meditate on Galatians 5:22-25

Jesus came along and said, “Love God and love people.” That’s it! He created a freedom from rules—by loving God *in Christ* and loving people *in Christ*, you don’t need to be told to keep the Sabbath or be devoted to your spouse or tell the truth. Those things automatically flow out of you as an overflow of the Holy Spirit in you.

Describe what freedom *in Christ* means to you. How do you keep in step with the Spirit from day to day?

Days 3&4 – Read Galatians 5

Write out two lists using this chapter in Galatians.

The Gospel frees us from:

e.g. Being burdened (v. 1)

The Gospel frees us to:

e.g. Stand firm (v. 1)

Day 5 – Read Galatians 5

Using the lists you wrote the past couple of days, how are you still enslaved? In what ways have you learned to live free?

Each day we make hundreds of choices. What choices can you make today that will free you from no grace or false grace? What choices can you make to live in Christ’s transforming grace and favor? Talk to a friend about what you’ve learned this week.

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